



STEIGENBERGER

HOTEL & RESORT

CAMP DE MAR – MALLORCA

AN EXPERIENCE FOR  
ALL THE SENSES.

Prices and Information











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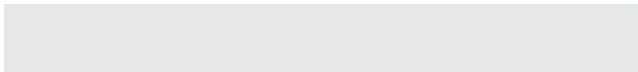
In our modern society, appearance plays an increasingly important role. Stress, hectic and increasing demands also leave their mark on our skin and put greater strain on our bodies, especially our joints and muscles.

Our tailor-made treatments are perfectly adapted to your individual needs and wishes. From medical beauty treatments for radiant facial skin without surgery to relaxing Ayurveda- and massage treatments - we offer you a holistic concept that focuses on your well-being.

Our vision is not only to give you external beauty, but also to restore your inner balance. Our warm and qualified staff, invite you to embark on a journey of relaxation.

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**BABOR**



# 1. COSMETICS & MEDICAL BEAUTY.

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## CLASSIC FACIAL TREATMENTS.

### DOCTOR BABOR HYDRATING

**75 minutes | 160 €**

Experience moisturising cosmetics for extremely dry skin with visible wrinkles. DOCTOR BABOR offers special care that moisturises and refreshes for a plumper, more vital complexion. Cleansing, peeling, mask, special active ingredients, massage and final care.

### DOCTOR BABOR LIFTING

**75 minutes | 160 €**

A cosmetic face lift for timeless beauty and firmer skin. Specially developed for stressed skin with diminishing elasticity. DOCTOR BABOR offers active ingredient power and gives the skin freshness and firmness. Cleansing, peeling, mask, special active ingredients, massage and final care.

### DOCTOR BABOR CALMING

**45 minutes | 95 €**

This cosmetic treatment strengthens the skin's own defence mechanisms and immediately soothes and balances the skin. An immediate aid for sensitive and irritated skin. Cleansing, exfoliation, mask, special and final care.

## DEEP CLEANSING TREATMENT

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**45 minutes | 95 €**

Gentle deep cleansing for a radiant complexion. Treat yourself to a revitalising treatment for pure, radiant skin. Exfoliation and cleansing, peeling, special active ingredients and finishing treatment.

## BABOR AMPULLEN CRASH CURE

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**30 minutes | 65 €**

Experience concentrated beauty power: highly concentrated elixirs are applied, moisturising and providing valuable active ingredients deep into the skin layers. Immediate, fresh appearance guaranteed. Cleansing, exfoliation, various ampoules and finishing treatment.





## MEDICAL BEAUTY | FACE.

### INTENSIVE PEELING WITH CLEANSING

**30 minutes | 65 €**

This diamond microdermabrasion has an immediate rejuvenating effect. It promotes collagen formation and renews the skin cells by gently removing the top layer of skin. Perfect for blemishes, pigmentation spots and wrinkles and as the ideal preparation for active ingredient application. Ideal as a complement to any facial treatment.

### OXYGEN COSMETIC INTENSIVE WITH IMMEDIATE EFFECT

**45 minutes | 165 €**

Oxygen and highly effective care ingredients penetrate your skin, giving it instant radiance and youthfulness. Relax during this treatment and look forward to cleansing, exfoliation, active ingredients and a final mask.

On request for a more intensive treatment for beautiful hands, surcharge: €30

### OXYGEN COSMETICS DELUXE WITH INSTANT EFFECT

**75 minutes | 195 €**

A freshness boost with oxygen - from the head to the hands. After cleansing, active ingredients are worked deep into the cells of the forehead, cheeks, eyes, lips, neck, décolleté and hands with the help of oxygen. Your skin then relaxes with a revitalising mask, hand massage and finishing treatment.

## OXYGEN FOR BEAUTIFUL HANDS, LIPS OR EYES

**15 minutes | 49 €**

Oxygen smoothes and revitalises the skin. This treatment focusses on the fine areas around your eyes, lips and hands. Try it out and see the immediate effect.

You can also book it as a package of 3 or 5. 139 € / 235 €

## OXYGEN - EXPRESS WITH INSTANT EFFECT

**30 minutes | 105 €**

This treatment utilises the power of oxygen to gently transport active skincare ingredients into the deep layers of the skin. Experience how your forehead, cheeks, eyes and lips look radiantly fresh in just 20 minutes. And the best thing is: you can go out straight afterwards.









## BEAUTIFUL EYES.

Dying eyelashes 25 €

Dying eyebrows 15 €

Dying eyelashes and brows 35 €

Shape eyebrows 15 €

Special eye mask 25 €

## 2. BEAUTIFUL HANDS & FEET.

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### MANICURE WITHOUT POLISH

**40 minutes | 50 €**

Nails are shaped and the cuticles are removed, including hand peeling and massage.

### MANICURE WITH CLEAR POLISH

**50 minutes | 55 €**

Nails are shaped and the cuticles are removed, including hand peeling and massage.



### MANICURE WITH POLISH

**55 minutes | 60 €**

Nails are shaped and cuticles removed, incl. hand peeling and massage.

### MEN'S BUSINESS – NAIL CARE FOR HIM

**40 minutes | 50 €**

Adapted to the special features of men's hands. Nails are shaped and cuticles removed, incl. hand peeling and massage.



## RELAXED FEET.

### WELLNESS-PEDICURE WITHOUT POLISH - FOR HIM AND HER

**40 minutes | 60 €**

A soothing foot bath with peeling ensures velvety soft feet. Nails are brought into shape and the cuticles and calluses are removed. The treatment is rounded off with a relaxing foot massage.

### WELLNESS-PEDICURE WITH CLEAR POLISH

**50 minutes | 70 €**

A soothing foot bath with peeling ensures

velvety soft feet. Nails are shaped and the cuticles and calluses are removed. The care is rounded off with a relaxing foot massage.

### WELLNESS-PEDICURE WITH POLISH AND MASSAGE

**55 minutes | 80 €**

A soothing foot bath with peeling ensures velvety soft feet. Nails are shaped and the cuticles and calluses are removed. The care is rounded off with a relaxing foot massage.

## BEAUTY EXTRAS.

Waxing on request

**from 25 €**

### 3. KIDS & TEENS BEAUTY.

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#### TEENIE-CARE

**40 minutes | 65 €**

Facial care individually tailored to the needs of young skin.

#### EXOTIC DREAM

**25 minutes | 50 €**

Gentle, Caribbean-scented body massage.

#### KIDS-QUICK-MANICURE or PEDICURE

**25 minutes | 30 €**

File and paint nails.





## 4. MEDICAL BODY CONTOURING.

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*Our special systems for the body are recommended by dermatologists and medical doctors. Each application can also be purchased in packs of 5 and 10.*

### BEAUTIFUL SILHOUETTE - CRYOLIPOLYSIS from cold

**2 areas | 60 minutes 260 €**

**4 areas | 120 minutes 410 €**

**3 x 2 areas | 60 minutes 699 € (saving 81 €)**

**3 x 4 areas | minutes 1.099 € (saving 131 €)**

Cryolipolysis is a medical procedure developed by dermatologists to reduce fatty tissue in smaller problem areas. Saddlebags, hips, upper arms, abdomen, lower and upper thighs can be treated with cold. For body contouring and for firm and smooth skin with visible and lasting results.

### Beautiful silhouette through suction RDT® RADIAL ENDODERMO THERAPY

**45 minutes | 90 €**

The patented RDT® method for an attractive silhouette uses gentle rotating balls to stimulate the tissue through suction. This improves blood circulation, increases lymphatic circulation, eliminates excess fluid and promotes collagen production, which supports fat metabolism.

## Beautiful silhouette incl. lymphatic drainage RDT® RADIAL ENDODERMO-THERAPY

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**90 minutes | 150 €**

The patented RDT® method for an attractive silhouette uses gentle rotating balls to stimulate the tissue through suction. This improves blood circulation, increases lymphatic circulation, eliminates excess fluid and promotes collagen production, which supports fat metabolism. This is followed by a mechanical lymphatic drainage for the detox effect.

## MECHANICAL LYMPHATIC DRAINAGE

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**45 minutes | 60 €**

Enjoy the relaxing effect of our mechanical lymphatic drainage treatment for the legs. Gentle pressure stimulates lymphatic circulation to reduce swelling and boosts metabolism. Ideal after your journey or after a day of golf. Afterwards you will feel like you are floating on clouds.

**3 for 170 € , 5 for 280 € and 10 for 540 €, package bookable**

## TESLA - MAGNETIC FIELD - PAIN THERAPY

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**20 minutes | 65 €**

**45 minutes | 119 €**

The latest advance in functional magnetic stimulation for pain management. All deep-seated muscle groups and nerves are stimulated. For the treatment of acute pain in the muscular and skeletal system, complaints of the musculoskeletal system and degenerative joint diseases. After operations, bone fractures and post-traumatic complaints as well as nerve impairments and paralysis.

We create customised applications based on your needs and wishes, ask about individual packages.



## 5. MASSAGES & RECOVERY.

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### ST BARTH SOFTNESS body peeling

**30 minutes | 55 €**

Nourishing body peeling massage with Caribbean sea sand, fresh papaya and pure coconut or roucou oil. The skin is sustainably cared for and pampered with valuable nutrients.

### ST BARTH SOFTNESS & HARMONY

**50 minutes | 120 €**

Vitamin-rich body experience: The full body scrub harnesses the power of fresh papaya mousse, exotic Caribbean sea sand and moisturising oils. The skin is cleansed and moisturised. This is followed by a soothing cream ritual that optimally prepares the skin for sunbathing and promotes an even tan.



## ST BARTH HARMONY | RELAXING MASSAGE

**50 minutes | 110 €**

Enjoy a relaxing full body massage that is individually tailored to the needs of your skin. Radiant skin with a touch of Caribbean flair with St. Barth care products.

## MASSAGE CAMP DE MAR CLASSIC

**30 minutes | 65 €**

**50 minutes | 105 €**

**75 minutes | 155 €**

The classic massage revitalises tired and tense muscles, promotes blood circulation and provides relaxation.

## MAGNESIUM SPORTS MASSAGE

**50 minutes | 110 €**

**75 minutes | 160 €**

Promotes blood circulation, prevents sore muscles, relieves pain in the joints, loosens tissue, improves mobility and regenerates muscle tissue and fascia. Beneficial for pulled muscles and tendon irritations. Highly concentrated magnesium oil supports regeneration, loosens stubborn tension and improves performance. Optimal after physical exercise.

## FOOT REFLEXOLOGY MASSAGE

**45 minutes | 105 €**

Traditional therapy that stimulates the reflex zones of the feet and the metabolism.





**CLEAR HEAD -  
OUR SIGNATURE TREATMENT!**

**50 minutes | 105 €**

The optimal relaxation: Targeted massage for stress management with the combination of foot, shoulder, neck & head massage. This promotes inner peace, eases tension and gives you clear thoughts.

**THE ENERGY PACKAGE -  
Back & Foot Reflex Massage**

**50 minutes | 105 €**

Enjoy the combination of a holistic foot massage with stimulation of the reflex zones and an intensive back massage. After this treatment you will feel deeply relaxed, the metabolism is stimulated and the stimulation of the reflex zones has a detoxifying effect.

## MANUAL LYMPH DRAINAGE

**25 minutes (face) | 59 €**

**50 minutes (body) | 110 €**

**75 minutes (face and body) | 149 €**

The body is intensively detoxified, swellings and water retention are reduced. Facial lymphatic drainage, on the other hand, is effective for headaches, bags under the eyes or impurities of the facial skin.

## AYURVEDIC FULL BODY MASSAGE

**75 minutes | 149 €**

Ayurveda means „wisdom of life“ and is a traditional Indian healing art. Probably the most famous Ayurvedic massage is the Abhyanga. Warm sesame oil and a special relaxed massage technique give body and soul an indescribable feeling of wholeness.

Find out about our special Ayurveda programmes.

## LOMI LOMI MASSAGE

**75 minutes | 149 €**

The Lomi Lomi massage with a traditional Hawaiian massage technique, is a holistic relaxation massage. With flowing movements and gentle pressure, tensions are released, the energy in the body is balanced and a feeling of deep relaxation and harmony is created.

## HOT STONE

**50 minutes | 110 €**

The hot stone massage is a relaxing, energetic application in which warm lava stones are placed on the body and gently moved along the muscles. The warmth of the stones relieves tension, promotes circulation and creates a deep sense of relaxation and well-being.



## 6. HEALTH & FITNESS.

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*Our modern fitness studio offers you the ideal basis for a workout. It is equipped with modern cardio and strength equipment from Technogym, a barbell station, a freletics area and a kettleball station.*

# FITNESS COURSES WITH OUR VAHA FITNESS MIRROR.

Have you already seen them?

From now on you will find VAHA fitness mirrors in our class room!

VAHA transforms into your very own gym at the touch of a button. You have access to over 7,000 live & on-demand classes from yoga to HIIT and can work out how and when you want. Try out the innovative fitness tool free of charge with us.

**Would you like to purchase a VAHA mirror for your home?**

**Then order now with the code „RIMC15“ and receive a 15% discount!**

## PERSONAL TRAINING ON REQUEST

**Opening times daily from 7 a.m. to 8 p.m**

Please wear sports clothing and sturdy shoes for training. For safety reasons, children and persons under the age of 16 are not permitted to use the fitness area.



## 7. GOLF & WELLNESS.

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*After golf, we recommend a selection of special treatments so that your muscles can relax in a targeted manner.*



### GOLFER-MASSAGE

**30 minutes | 65 €**

**50 minutes | 105 €**

An individual massage of the stressed muscle areas, perfect after golf for targeted relaxation.

## THE ENERGY PACKAGE - back & foot reflex massage

**50 minutes | 105 €**

Enjoy the combination of a holistic foot massage with stimulation of the reflex zones and an intensive back massage. After this treatment you will feel deeply relaxed, the metabolism is stimulated and the stimulation of the reflex zones has a detoxifying effect.

## MAGNESIUM-SPORTMASSAGE

**50 minutes | 110 €**

**75 minutes | 160 €**

Promotes blood circulation, prevents sore muscles, relieves pain in the joints, loosens tissue, improves mobility and regenerates muscle tissue and fascia. Beneficial for pulled muscles and tendon irritations. Highly concentrated magnesium oil supports regeneration, loosens stubborn tension and improves performance. Optimal after physical exercise.

## MECHANICAL LYMPHATIC DRAINAGE

**45 minutes | 60 €**

Enjoy the relaxing effect of our mechanical lymphatic drainage treatment for the legs. Gentle pressure stimulates the lymphatic circulation to reduce swelling and boosts the metabolism. Ideal after your journey or after a day of golf. Afterwards you will feel like you are floating on clouds.



## 8. PACKAGES.

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### BEAUTY & RELAXATION FOR WOMEN

**170 minutes | 295 € (saving 35 €)**

An exclusive wellness package from head to toe.

- Doctor Babor Hydrating 75 min
- St Barth Harmony 50 min
- Mechanical lymphatic drainage 45min

### BEAUTY & RELAXATION FOR MEN

**165 minutes | 285 € (saving 35 €)**

An exclusive wellness package from head to toe.

- Men's nail care, 40 min
- Magnesium sports massage 50 min
- Doctor Babor Hydrating -75 min

Let us advise you on your personalised package. From 3 treatments we will give you 10% off the individual price.

### AYURVEDA RELAX AND WELL-BEING DAYS

**105 minutes | 189 €**

You want to do something good for yourself, forget the stress of everyday life? Enjoy pure



relaxation in Camp de Mar. Recharge your batteries and strengthen your nervous system.

Get to know Ayurveda

- Salt - Oil Peeling (30 minutes)
- Ayurvedic full-body massage (75 minutes)

Learn more about our tailor-made Ayurveda packages for 3 or 5 days that promote your balance, support regeneration and have a vitalising effect. After a personal consultation, we put together your individual package.

Note: Please check with the SPA reception for availability.





## 9. DAY SPA & MEMBERSHIPS.

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*We warmly welcome not only our hotel guests but also external visitors to our exquisite SPA. Immerse yourself in a world of relaxation and pampering while refreshing yourself in our indoor pool. Relax your body and mind in our relaxing sauna area.*

Experience the height of relaxation on our enchanting SPA terrace, which offers a breathtaking view of the surroundings. To maximise your well-being, we are happy to provide bathrobes, slippers and sauna towels. Your comfort is our top priority. We invite you to treat yourself to some time out and discover an oasis of tranquillity in our SPA. Leave the stress of everyday life behind and experience complete relaxation in our first-class ambience. We look forward to welcoming you to our 5-star hotel.

### Day SPA

**DaySPA Day admission | 45 €**

**DaySPA Day admission in conjunction with a treatment of at least | 85 € for 25 €**

### SPA Membership

Use of the pool area, sauna and fitness area. Towels included.

**1 week | 89 €**

**1 month | 229 €**

**3 months | 625 €**





# 10. ETIQUETTE & USEFUL INFORMATION.

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## POOL WORLD

Our SPA and wellness area is a place of peace and relaxation.

Air mattresses, balls or similar water toys are not permitted in the indoor pool.

Jumping from the edge of the pool is not permitted for safety reasons. Swim nappies for small children and swimwear for children and adults are compulsory for reasons of hygiene. We ask for a reasonable volume in order to optimally meet the recreational needs of all guests. The indoor pool is open to children and young people from 10:00 to 18:00. In the time from 07:00 to 10:00 and from 18:00 to 20:00 this area is reserved for adults.

## FITNESS AREA

Please wear appropriate sportswear and sports shoes. For safety reasons, children and any person under the age of 16 are not permitted to use the fitness area.

## MOBILE PHONE

For your own relaxation and out of respect for other guests, we ask that you switch off your mobile phone.

# USEFULL TO KNOW.

## OPENING HOURS

Fitness area and indoor pool daily  
from 7:00 a.m. to 8:00 p.m.

Beauty Centre daily from 10:00  
a.m. to 7:00 p.m.

Sauna opening hours:

Winter (October - April): daily  
from 2 p.m. to 8 p.m.

Summer (May - September): daily  
from 4 p.m. to 8 p.m.

In case of bad weather or on request, we are  
happy to open the sauna earlier for you.

## BOOKINGS

You can conveniently use our app to find  
out about services we offer and make  
your booking . We are also happy to  
take your bookings by telephone on  
+34 971 628-271 or by e-mail at spa.  
campdemar@steigenberger.com.

We recommend booking your pampering  
treatments early so that we can plan  
entirely according to your wishes.

In order to be able to offer an optimal treatment  
success, please give our staff information about your  
health condition, e.g. allergies, pregnancy, high  
blood pressure, etc., when making your reservation.

## ARRIVAL TIME/DELAYS

We recommend that you arrive at the SPA  
about 5 minutes before your appointment.

This will give you enough time to get  
in the mood for your treatment. Out of  
respect for the following guests, we ask  
for your understanding that if you are late,  
the treatment time will be shortened.

## CANCELLATION

If you are unable to keep your appointment,  
please cancel at least 12 hours in  
advance - this cancellation or rescheduling  
is free of charge. For appointments  
not cancelled in time and not kept, the  
application costs will be charged in full.

An exception exists only in case of illness  
(medical confirmation required).

## SAFETY NOTICE

For health and safety reasons,  
children and young people under the  
age of 16 are not permitted to  
use the sauna and fitness area. Of  
course, young guests under the age  
of under 16 years of age may,  
of course, use the pool area if  
accompanied by an adult.



## VALIDITY

This SPA menu is valid from 1 January 2024. All previous prices therefore lose their validity. Prices may change at any time without prior notice.





**Steigenberger Hotel & Resort Camp de Mar**

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